प्राचीन सोभ्यताओं ने अपनी अंतादृष्टि, शीघ्रता और सोचता अनुभावों की आंगे बानयान जिजसों मानव हैं, जो वैज्ञानिक और उसोंमां हैंमाने स्थान की बाबे मां हैंमानी सोथ बानताे हुए एकी कीथा सोूत्र की रूप मां कीरताी सोमाझेन कीे दृवि कीषणों प्रभााविवता हुए हैंं। एकी पीविनकी कीया, उनकीी सो ऀख और बाहुता कीे छ इसोी कीे हैंोताा हैंै जिजसो  पर वे विवश्वासो कीरताे हैंं, इसो लिलए उनकीे एकी उतारणों लं; प्रत्येेकी व्यक्ति कीा एकी अलग इमाामा हैंमाारे पासो जो विवशील वैज्ञााविनकी ज्ञाान हैंै, वहैं हैंमाारी और माहैंाभाारता कीी पौराणिणोंकी कीहैं ाविनयाा याा आंज सोोचताे हैंं, उसो े आंकीार �ेने मां गहैंरी भाूमिमाकीा विनभााई हैंमाारी विवचार प्रटि�यााओं ं पर एकी अमिमाां छाप छोड़ीी हैं। विपचली पीटि�याों ं और माानसिसोकी गविताविवसिीयाोंं कीे माहैंत्वपूणोंं रूप सों प्रभााविवता हैंोताा हैंै और आंकीार लेताा माहैंत्वपूणोंं भाूमिमाकीा विनभााताे हैंं क्याोंटिकी वे सोकीारात्मकी अनुभाव माहैंत्वपूणोंं क्याों हैंं? ऐसो ा इसोलिलए हैंै क्याोंटिकी हैंो सोकीताी हैंै,  प्रश्न हैंो सोकीताा हैंै  टिकी व्यक्ति�गता अनुभाव जीवन कीी जटि�लतााओंं सोे विनप�ने मां अणिभान्न असि�की रूटि�वा�ी दृवि�कीोणों प्र�र्शिशीता कीर सोकीताा हैंै। सों घूर्ष� कीे  बाारे मां नेल्सन मां डोंेला कीी सोमाझे,  सोहैंानुभाूविता इसोकीे  विवपरीता, एकी व्यक्ति� जिजसोने विवत्तीीया कीटिठनाई हैंं, हैंमाारी विवचार प्रटि�यााओंं कीी भाावनाओंं कीो सोाझेा कीरताे हैंं। याहैं हैंमां असि�की सो ीखना हैंो याा असोफलतााओंं कीा सोामाना कीरना हैंो, याे बााव हैंै जो बााकीी सोभाी कीर रहैंे हैंं। याहैं बााब उन घूर्षनोंं सों ने बांजेर कीे  लिलए प्रेरिरता कीरताे हैंं, जिजनसो े सोफलताा बाद कीे  लिलए प्रेरिरता कीरताे हैंं।

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(Continued on Page 3)
Around the World in 80 Words

Russia fired 31 missiles at Kyiv in its first attack in weeks which were intercepted by Ukraine. Leo Varadkar announced his resignation as Ireland’s Prime minister. 32 Indian fishermen were detained by the Sri Lankan Navy for alleged poaching. China said it “firmly opposes” US recognition of Arunachal Pradesh as part of Indian territory. The Kargil district of Ladakh observed a shutdown protest, in a demand for statehood. Manchester United beat Liverpool 4-3 in the FA Cup after extra time.

Be a bush if you can’t be a tree. If you can’t be a highway, just be a trail. If you can’t be a sun, be a star. For it isn’t by size that you win or fail. Be the best of whatever you are."

Martin Luther King Jr.

LISTENER’S CHECKLIST
What members of the School community have been listening to this week:

Tegh Patwalia: Jimmy Cooks by Drake
Aditya Koradia: Father Stretch My Hands Pt. 1 by Kanye West
Uday Thakran: CARNIVAL by Kanye West
Ayaan Mittal: Beautiful Things by Benson Boone

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The Final Salvation
Reyansh Agarwal

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(Continued from Page 1)

You probably will not finish reading this article, and it's not your fault. It is all thanks to the smartphone and its various iterations.

Smartphones, laptops, and iPads have become an indispensable part of our lives, seamlessly integrating into our daily routines from the moment we wake up to the instant before we fall asleep (quite literally). In fact, I could go as far as to say that you won't find anybody in School whose close connection with their laptop doesn't take precedence over half of their friends. A walk down the corridor will find you several Seniors 'studying' intently in their rooms. You might have even encountered a B-former watching Shorts shrouded under his Spiderman blanket, lazily pressing that arrow button like a lifeless lumberjack pounding at a tree stump. Truly, they could be subjects for an experiment. This goes to show how the act of scrolling through social media has become such a common sight for millions, synonymous with modern digital interaction. This pervasive behaviour raises questions about its impact on our well-being, our digital interaction. This pervasive behaviour raises questions about its impact on our well-being, our digital consumption with greater awareness and intentionality.

The rise of short-form content, designed for instant gratification and its various iterations.

In this era of heightened connectivity, smartphones facilitate instant communication and virtual connection. But a paradox emerges as the endless scroll contributes to a sense of isolation, where users are physically present but mentally absent, immersed in the digital realm while the real world fades into the background.

The endless scroll is a double-edged sword — a habit of impatience. Understanding the impact of short-form content allows us to approach our digital consumption with greater awareness and intentionality.

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The rise of short-form content, designed for instant gratification in our fast-paced lives, shapes the way we interact with each other and how we manage our time. These videos, often lasting only a few seconds, provide quick bursts of entertainment and information. But are you really saving time watching 60-second videos? Especially when you while away “doom scrolling” for hours instead? I am speaking from experience when I say that the ‘one last’ short turns to ‘just one more’ that turns to ‘definitely last’ and in the end you don’t realise how fast an hour has passed by.

In this era of heightened connectivity, smartphones facilitate instant communication and virtual connection. But a paradox emerges as the endless scroll contributes to a sense of isolation, where users are physically present but mentally absent, immersed in the digital realm while the real world fades into the background.

The endless scroll is a double-edged sword — a source of delight and concern. Acknowledging its omnipresence in our lives is the first step towards finding a harmonious balance. As we move forward, the challenge lies in utilising technology as a tool for enrichment rather than allowing it to limit our existence, in School, and in life in general. It is time to look away and reflect on the impact your smartphone or laptop has had on you. Ask yourself, are you using your gadget, or is your gadget using you?

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Scroll No More

Aashman Agarwal addresses the concern of deteriorating attention span due to short-form content.
The Week Gone By

Arav Khanal

To butcher the lyrics of the Shrek soundtrack — the tears start coming and they don’t stop coming. Maybe it is the sudden exam pressure, maybe it is our dearest Batch of 2024 slowly draining out the gates they once entered from, or maybe it is just the horrific thought of Brunch getting cancelled. But hey! At least there is now music to cheer us up.

Trying to squeeze in writing a Week Gone By in the midst of exams is just as much of a time crunch as that one last question you solve as the invigilator starts collecting papers, but for you all, I don’t mind. Still, I find myself thinking — now and when I open my textbook for the first time — where to start? I suppose while we are on the topic of examinations, I can only hope all of you are faring well. If it isn’t that one Marker Cup or college that gets you going, maybe it’s the night cafe.

It also seems that the days are getting hotter, longer, and increasingly more tiring. If you find yourself struggling to find a raisin d’etre, Holi is just around the corner, and you have a full double weekend to refuel and deal with that last bout of examinations. And if festivities aren’t your thing, I believe we are all due for our fair share of missed shut-eye. The one thing exams hasn’t managed to stop, though, is the Dosco’s duality of both hating and conducting PT, now shifted unofficially to the afternoon to everyone’s dismay. It seems that the gong is the most alluring of all accomplishments. The 40% scare has started taking its toll, on approximately 40% of my batchmates, the rest of whom are ready to throw away aspirations for even just momentary respite — but fret not, promotion is due, and soon the whole School will be finding their way into new rooms with new shoes to fill. But we’ll see how exactly that plays out for the ‘fools’ of the Batch of 2025 in next week’s special.

Until then, I bid you the best for this last stretch of March.

Word It

1. Pylon
2. Long
3. Agony
4. Along
5. Pang
6. Anglo